The Community Group Coverack Space 2000

CS2000 was initially established in 1999 to fund the extra classroom 'space' in Coverack Primary School.

Since 1999 the group has continued to run events and activities to benefit the whole community. Coverack is now well known for its wide range of community events and activities that go on through out the year.

These include:

Regular monthly beach clean.

Guided walks, on topics such as wild flowers, birds and geology.

Beach activities; sand sculpture competition, tide challenge and more.

Craft workshops, and theatre workshops and productions.

First Aid training and qualifications.

Sue Lewington art courses held 4 times in the year.

Community events such as: Coverack's Easter Fun Run, village Bonfire Night celebrations and the lantern procession at Coverack Christmas Tree Night.

These have all become part of Coverack's calendar of events.

Projects set up and funded by CS2000 include...

Coverack community website www.coverack.org.uk

The production of Coverack's What's On guide - produced twice a year.

Coverack Village Community Facebook and Instagram accounts.

Monthly email updates to keep people in touch with events in the village.

Coverack Space 2000 has the aim to provide a wide range of experiences for everyone in this remote location. We try to be self funding, asking for donations at our events to cover the costs of expenses and insurance.

We do not charge for this 'What's On in Coverack' booklet but would appreciate any donations to go towards our costs. Donations can be made via Pay Pal on the Facebook page at any of our events or at collection pots in The Village Stores or The Old Mill Shop.

Please leave this newsletter in the area so that the information can be used by more people.

If you have found this newsletter in a holiday cottage, please leave it in the cottage on your departure so that other visitors can also benefit from it. Thank you.





Photograph by Richard Smith

2000

Produced by the community group Coverack Space 2000 with kind sponsorship from Mustard Financial.

Working for the school and the community. www.coverack.org.uk

Facebook: coverackvillagecommunity Instagram: coverack_village_community

Local Organisations

Church Home Groups

Contact Jane Dunnett 280964

Coverack Art Society

Meet every Monday 10-3.30pm at the Lambeage Hall For more information about the club, contact: chair Ingrid Sofrin 01736 763107 email igrid@trelil.co.uk

Coverack Writing Group

Meets every other Tuesday. For information contact Leanne 07462570561.

East Lizard Helpline

Representative: Verna Tripconey 281480 Panny Mckay 280679

Gig Club

Meet on Wed evenings from 7.00pm at Porthoustock. Novices welcome. For information tel: Bev Clark 281012

Ju - jitsu

Thursdays, Lambeage Hall. Juniors 6pm seniors 7:15pm Contact Trevor 280929 www.coverackjujitsu.com

Little Fishes Baby and Toddler Group

Meet every term time Thursday 10am-12 noon St Peter's Hall. Contact Joan 280337

Lunch Club

Meet every other Wednesday 12 for 12:30. St Peter's Hall. Contact Joan 280337

Manacle Voices

Contact Peter Wood for more details 280926.

Monday Club

Meets every other Monday 2pm –4pm Games, table tennis, crafts, tea & cake. All welcome, contact Vanessa 280402

Patchwork

Monday evenings contact Patty tel. 280261

<u>Pilates</u>

Monday mornings, two classes of Pilates in St Peter's Hall. If interested please call Nicola 280393.(Qualified Physiotherapist)

Table Tennis for Teenagers

Wednesday 7pm—8:30pm St Peter's Hall. For information contact Joan 280337

Useful Numbers: Nearest doctor: St Keverne Health Centre 280205

Police: Non-emergency 101 Coastguard: Emergency 999 and ask for Coastguard.

Public Use Defibrillators situated On the Fisherman's Rest at the top of the harbour and on St Peter's Hall, near the Church.

Adverts do not necessarily reflect the views of CS2000.

CS2000 can not take responsibility if a problem should arise.

Coverack on Social Media and the internet

Facebook and Instagram Coverack Village Community and

Coverack's own website www.coverack.org.uk

Why not find out about Coverack's news, events, local attractions, accommodation and lots more!

Coverack's Holiday Accommodation List

including B&B's & Holiday cottages is available on the Coverack Village Community Facebook page and Coverack website.

www.coverack.org.uk website is set up and maintained by Coverack Space 2000

Coverack Village Community Facebook and Instagram pages are run by volunteers and overseen by CS2000.

2000

Coverack Photo Competition

2000

The Coverack What's On Guide has a photo of Coverack on the front cover.

We are looking for a photo for each of the two annual editions ...

October - April Summer: May - September Entries to be sent to coordinator@coverack.org.uk

as a jpeg file

The winning photograph will be placed on the front cover of the What's On in Coverack booklet, with the name of the person who took the photo.

REGULAR WEEKLY SERVICES AT ST PETER'S CHURCH COVERACK



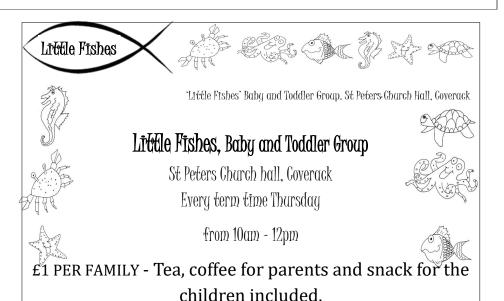
Vicar: Revd. Peter Sharpe

Churchwarden: Claire Thomson 01326 280140 Associate Priest Revd. Deirdre Mackrill 01326 281178

2 nd & 4 th Sunday	0800	Holy Communion (BCP)	Ī
1 st Sunday	0930	Holy Communion	
2 nd Sunday 3 rd Sunday		Morning Worship Family Communion	
4 th Sunday	0930	Family Service	

Methodist Services

United Methodist Church, St. Keverne: Sundays at 11am



WE LOOK FORWARD TO MEETING YOU AND YOUR LITTLE ONES

Please contact Joan on 280337 for further information

Coverack Space 2000 News

This community based group works to promote and develop community activities in Coverack.

Since the last 'What's On in Coverack' booklet was produced in September, CS2000 has been working hard with Coverack School and the community, running events and activities and helping a wide audience to find out what is going on in Coverack.

Firework Night: As there were ongoing road works in Coverack in November a few changes had to be made to Firework Night—there was no Bonfire on the beach this year, due to the hazard of the near by works vehicles but The Bay Hotel kindly let us relocate the BBQ and refreshments to their lawn, this was an excellent vantage point for the Fireworks, set off from the harbour and provided a safe environment for everyone to watch.

Pancake Racing: With Shrove Tuesday coinciding with the February Half Term this year CS2000 organised Pancake racing on Coverack beach. There was a really good turn out and a lovely atmosphere. Certificates were awarded to those who won the races and also for Best Flipping skills! Many thanks to The Bay Hotel whose donation towards the event helped us to raise over £100 on the day. The money will be used to help cover our insurance and other expenses.

Easter Hunt: At the end of the Spring term CS2000 organised an Easter hunt on the school field. Rather than hunting for eggs, the children looked for different coloured Lego blocks. Once they had found 10 blocks of a certain colour they swapped them for a small chocolate egg from the Easter Duck!

Coverack Easter Fun Run: This event raises funds jointly for CS2000 & the RNLI. This year the event has been postponed until 28th May, as an alternative route to avoid water logged areas was set and then that route became flooded as well! We are hoping for drier weather in May. Details on the posters and Coverack Facebook page nearer the time. There is a 4 mile route and a 1 mile route and a dedicated team of marshals to supervise the event. If you are able to assist then please contact Caroline.

Pony Checking Rota: Working alongside the National Trust, CS2000 help to coordinate a rota of people to check the National Trust Ponies on Chynhalls Point. The ponies help to keep the cliffs clear so that the wild flowers have a chance to grow. Advertising on the Coverack Village Community facebook page CS2000 have also managed to put the National Trust in touch with more people who are happy to check on the ponies when they are at Beagles Point and some people volunteered to check on the Lizard herd.

School lunch time rota: CS2000 has coordinated a rota of people who are able to help out at Coverack School to be an extra pair of hands during a Friday lunch time. Feedback has told us that both volunteers and children are really enjoying this opportunity.

Beach Clean: The first Tuesday of every month is Coverack Beach clean day. Please help out whenever you can. Any collected beach rubbish can be left at North Corner, near the dog waste bin and the council will collect it, usually on the Wednesday. If we all do a little bit it will make a huge difference. We would like to encourage everyone who visits the beach to carry out a two minute beach clean before they leave the beach.

Courses in Coverack:

Sue Lewington's Water Colour Art Courses: These popular courses have been well attended and help to provide funds for CS2000 and are appreciated by the local businesses as they bring people into the village at a quieter time of year. See the advert in this booklet.

Wild Flower Walks: Peter Wood and Gilly Ashworth have already started their series of guided walks. The walks are well planned and informative, if you are interested please come along. Please see the advert in this booklet. Emergency First Aid at Work: There have been two courses since October, attended by a mixture of local businesses, individuals and people from local groups. The certificates are valid for three years and we run the courses annually in the Autumn and Spring.

Defibrillator Training: Vanessa has continued to offer defibrillator training and refresher courses There are now over 150 people trained in the use of the defibrillator, thanks to Vanessa. Please contact Caroline if you would

Annabel Martin

Your Local Travel Consultant

Annabel Martin your local Travel Agent born & bred in Coverack, now based in the village. Able to assist with all your travel needs. Everything from trains, flights, hotel accommodation to

luxury long haul holiday packages and Cruises.

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For friendly helpful advice contact me on: Freephone 08450587216 or 01326 368540 to arrange a personal consultation at a time and location to suit you.

E Mail

Anna.martin@travelcounsellors.com www.travelcounsellors.co.uk/anna.martin



Coverack 01326 280401

Gift Shop by the Sea.

Pop in for all you beach needs and holiday gifts.

Coverack's 50th Anniversary Christmas Swim

If you are brave enough...This Christmas help beat cancer sooner by taking part in the Coverack Christmas swim, Coverack Harbour at 12.30 on Christmas Day. The water is cold but the atmosphere is fantastic and warm...if you're lucky you might spot a celebrity or two!

Everyone is welcome to take part but please note that this is a fund raising event. We really would like to raise a large amount this year to celebrate 50 years!

FANCY DRESS Swimmers can raise funds via Just Giving under ST.KEVERNE and COVERACK BRANCH of Cancer Research UK. Forms can be obtained from: email ca.lawrence565@btinternet.com Trevithian Cottage Lanarth, St.Keverne TR126RG 01326 280658 or Trish Jenkins, 14,Tregellast Park, St.Keverne TR126PD 01326 280673 or from Coverack Village Stores

Get sponsorship so that we can help make this 50th Anniversary

Swim the most successful yet!





like to sign up for a training session.

Donations: CS2000 has received a generous donation from Porthgwara Nursing home and the Financial services provider Peter Nightingale of Mustard Financial has made donations towards the production of the What's On booklet. We use donations to help continue to provide a range of events throughout the year, promote what Coverack has to offer and cover our insurance costs. We appreciate all donations we receive and we are now in our 19th year, this is thanks to support from the community.CS2000 now has a Paypal account and we welcome donations through the Facebook page Coverack Village Community. Thank you to those who have already made donations it is much appreciated.

Collection Pots in both Coverack Village Stores and The Old Mill Shop gather donations for the 'What's On in Coverack' booklets. This is much appreciated as the booklet is expensive to compile and print. This money goes towards these costs.

Originally set up in 1999, CS2000 was grant funded. Now we rely on donations to keep us going. Joan Kearsley is the Chair & Peter Wood is the Vice Chair, Caroline Beadle is employed as the Events Coordinator and Peter Wood is employed to keep the informative Coverack website up to date. A team of volunteers run the Coverack Village Community Facebook and Instagram pages that are overseen by CS2000.

Once again CS2000 has put together a programme of events that runs throughout the summer and caters for a wide range of taste. Please support the activities and events if you can. All donations are put back into the community group and help us to continue to run events and help to keep people to be informed about what is happening through the production of this What's On Coverack booklets, email updates and now Facebook and Instagram. Let us know if you have any ideas for events that you would like to see CS2000 organise in the future.

Caroline Beadle is Coverack Space 2000's events coordinator and can be contacted on coordinator@coverack.org.uk or Tel 01326 281448



Food

Homemade
Cornish pasties
Sausage Rolls
Ham, cheese or
tuna rolls.
Assorted cakes
Crab Sandwiches.



Beverages

Tea
Coffee
Soft Drinks
Cream teas with fruit
or plain scones
Open Daily except
Sundays
Welcome to sit
outside.

Enjoy Home Cooking.

Smugglers Cottage, Coverack, Cornwall TR12 6SX Tel: 01326 280611



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But there's lots to be excited about in the Summer Term too!

The children in Years 4-6 will soon begin their sailing lessons with the Helford River Sailing Trust. Later in the term there is the School Camp to look forward to. Clubs and after school activities are taking place, with the ever-popular 'Lego and Colouring Club' and the perhaps slightly less eagerly anticipated 'SATS Club' for those taking their SATS this Summer Term. The End of Term play is 'Wind in the Willows' – we can't wait to see Mole, Ratty and Toad on the school field.

Sport continues to be popular at the school. Recently in the Keskowethyans tournament season, Year 3-4's came first in tag rugby and second in football. The Year 5-6's came first in football and second in tag rugby. Coverack School won the football trophy overall. Well played everyone!

Thanks should go to Caroline Scott and Jane Talbot; their hard work at the school is very much appreciated by all the parents. Good luck in the SATS to all of our brilliant Year 6 children.

Dates for your diaries:

The PTFA and the children of the school really value the support of the village, and also the support of visiting families. We're delighted to share our beautiful corner of the country with you, and we'd love to see you at some of the events that are coming up this Summer.

On **Friday 13th July** we will be holding our annual 'Obstacle Race and Barbecue' on the school field. This is a lovely village event and an important fundraiser for the school- all are very welcome, whether to watch and enjoy a glass of wine in the sunshine, or to participate!

The children of the school will also be participating in Coverack Carnival - another important marker in the year! We look forward to seeing you there!

Coverack School News.

Coverack School is our village school, and is very much part of the community. This year we have had a bumper year, with many children joining the school and swelling the numbers from twenty seven in May last year to forty three and counting!

The school is split into two classes. Mrs Scott is the lead teacher and teaches Primrose Class comprising Reception, Year 1 and 2 children. Years 3, 4, 5 & 6 are taught by Mrs Talbot in Mohegan Class.

Coverack School is part of the Keskowethyan's Multi Academy Trust. This includes the five schools of Coverack, St.Keverne, Manaccan, St Martin and Grade Ruan. It is a wonderful little school tucked away at the top of Coverack village. The school is an integral part of village life, with the rhythms and routines of the school and village year folded together like the pages of a well-loved book. Blackberry picking and hosting the Harvest Lunch for folk from the village in Autumn, singing carols at Porthgwarra Nursing Home in December, and of course the Nativity Play and singing at Christmas Tree night are all rites of passage for the children of the village.

The children enjoyed a couple of days off school in the snow thanks to 'The Beast from the East', which meant that World Book Day was rearranged. World Book Day was celebrated in traditional fashion with characters from fiction old and new gathered at school for the day. A wonderful array of costumes and props were used - what a lot of fun for all concerned!

Coverack Space 2000 led an 'Easter Treasure Hunt' at the end of term, which was fun and this year incorporated an Easter Bonnet Competition too!

Linking in with the school topic 'Around the world in 80 days', the children have been lucky enough to have a theatre visit to the Minack Theatre to see a production of the same name. They were lucky with the weather too!



VOTED BEST HOTEL DISCOVERY BY THE OBSERVER

BEST PLACE TO ESCAPE FOR TOTAL PEACE BY THE SUNDAY TIMES & FEATURED IN THE MICHELIN GUIDE SAWDAYS & GOOD HOTEL GUIDE.

SIT AND GAZE AT THE PANORAMIC SEA & BEACH VIEWS

ON OUR FULLY LICENCED TERRACE & GARDENS

OR IN OUR LOUNGE & CONSERVATORY RESTAURANT.

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FULL CORNISH BREAKFAST, TEAS & COFFEES~LIGHT LUNCHES,

CORNISH CREAM TEAS & CAKE,

MANY CORNISH GINS, LOCAL BEERS, CIDERS, CHAMPAGNE, PROSECCO, PIMMS

OR WINE FROM OUR EXTENSIVE LIST.

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ENJOY DINNER IN OUR RESTAURANT OVERLOOKING THE WATER, WITH FRESH FISH, CRAB & LOBSTER LANDED FROM THE BAY. WE SOURCE THE BEST LOCAL MEAT & PRODUCE WITH A VARIED DAILY CHANGING MENU.

RESERVATIONS RECOMMENDED

OPEN DAILY FROM MARCH ~ END OF OCTOBER

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FULLY REDECORATED IN 2018.

THE BAY HOTEL, COVERACK T. 01326 280464

Sue Lewington Art Courses in Coverack, 2018.

Watercolour with Sue Lewington: June 8th - 10th and Sept 7th - 9th Aimed at developing individual painting skills and techniques with watercolour paint. Art, Books and Journals with Sue Lewington Oct 12th - 14th Exploring making and using personal sketch books and journals.

All courses are suitable for both beginners and more experienced artist. The courses run from a Friday through to Sunday and allow for much individual time with Sue (approx. 10 people on each course)

£195 for a 3 day course including light lunches from local businesses delivered to your studio space and a fresh homemade cake each day!

(All profits from this course go back to the community group CS2000 For more information, brochure and booking form visit our website www.coverack.org.uk or contact Caroline Beadle email: coordinator@coverack.org.uk or tel 01326 281448. Gift Vouchers available. Gift vouchers available

Lizard Peninsula Wild Flower Guided Walks with Dr. Gillian Ashworth & Peter Wood

All walks are between 1:30pm - 4:30pm Everyone welcome, we ask for a donation for CS2000 to go towards our expenses so that we can continue to run events in Coverack.

17th May Chyvarloe and Loe Bar: Meet at NT Car Park Through Chyvarloe Farm Grid Ref: SW 652 236 Post Code: TR12 7PY

14th June Cadgwith to Poltesco: Meet at Cadgwith Car Park Grid Ref: SW 719 147 Post Code: TR12 7JZ

28th June Walk through Woodland: Meet at Main Car Park Trelowarren Estate Grid Ref: SW 719 239 Post code: TR12 6AF

12th July Walk at Kennack Sands: Meet at Kennack Sands Car Park Grid Ref: SW 734 165 Post Code: TR12 7LT

See dates page for more details. Donations for CS2000.

8

Lizard Computing It's all about IT and You

Problems with your PC Laptop or Printer Contact Rob Beadle E mail robbeadle@lizardcomputing.co.uk Tel: 01326 281448 Mobile: 07896 469915

Top Brand PCs, Laptops and Android Tablets supplied. Data Backup, Transfer and Recovery.

Award winning Internet Security. Virus & Spyware removal PC Maintenance & Health Checks. Home Tuition & Broadband set up Remote Assistance & Personal Tuition

www.lizardcomputing.co.uk



Dolor Car Park: There has been a substantial loss of land at Dolor Car Park, near The Lifeboat House and The Paris. St Keverne Parish Council has put in a planning application to help protect this area of Coverack.

Email update: If you would like to receive the monthly email update of 'What's On in Coverack' then please email Caroline at the details below to be added to the list. **Social Media:** Coverack Village Community can now be found on both facebook and Instagram. Please like and follow to find out what is going on in Coverack all year round. These pages are dedicated to Coverack and will promote businesses that advertise in the What's On booklet and village charity events. The page is run by volunteers and overseen by CS2000. Please feel free to post photos of Coverack that we can share.

To contact Caroline email coordinator@coverack.org.uk or private message the Coverack Village Community Facebook page

Coverack Hedgehog Rescue - Covering Helston & the Lizard Peninsula. 07851060880 Coverackhedgehogrescue@gmail.com Facebook/ CoverackHedgehogRescue

As we move into the warmer months, please could I ask that you're mindful of wild-life in your gardens when cutting, strimming, building ponds and pulling down sheds. Accidents do happen, often the gardener wasn't even aware there were hedgehogs there to start with. Adult females will be looking at building a nest to have their young and under sheds is a popular choice.

It would benefit visiting hedgehogs if you'd be so kind as to put fresh water down at ground level especially when it's hot out. Rescues do take in many hedgehogs who're suffering with extreme dehydration and of course this means nursing mothers are accidentally separated from their hoglets. Hedgehogs do not sunbathe. Should you see a hedgehog laying out in the sun, or struggling along, wobbling or covered in flies, please pick him up, place in a high sided box, cover with a towel and call Coverack Hedgehog Rescue for advice. Should you uncover a nest with hoglets, please cover back over, leave well alone and call for advice.

Over the last few months, hedgehogs have been through the rescue from Coverack, Mullion, Porthleven, Truro, Helston and St Erth. There have been sightings at Lizard village and Mawgan too.

Coverack Hedgehog Rescue accepts donations in both cat and dog food, newspapers and monies. Currently, any money donations will be spent on medication, formula for hoglets and the biggy - an incubator. A massive thank you to everyone who has donated so far and a big thanks to Coverack Village Stores for their unwanted newspapers, which is a massive help on the day to day running of the rescue. Best wishes, Sue Hooper, Coverack Hedgehog Rescue.



Pisky H.Q. Trevothen Coverack TR12 6SD

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available direct or from The Old Mill Shop, Coverack

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Opening times on facebook or contact us on the details below.

Piskies Pisky Trails Workshops Gifts Keepsakes

Pisky Trail dates are on our website.

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Kate, Hannah and Marshall Dagger

Tel: 01326 280 220

The Seine Loft

Overlooking Coverack Harbour

Tel: 01326 280 494 / If seineloftcoverack

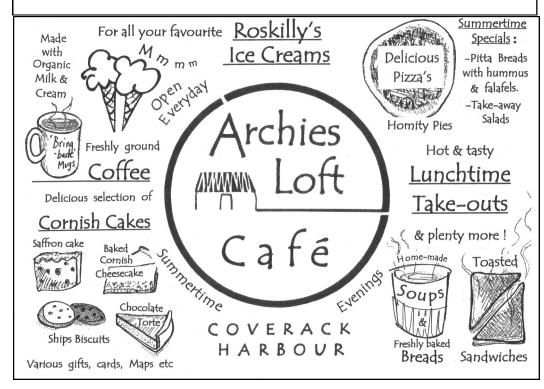




Clothes. Books, Flip-Flops, Beoch Stuff, Wetsuits, Coastal Gifts, Toys, Candles Tishing 3 Gabbing Essentials. Cornish Hand-Maid Crafts and Jewelleru







Coverack Village Pisky Trails: Cornish Pisky Pals continue to run Coverack Pisky Trails during every school holidays throughout the year. If you own a property in Coverack and would be happy to host a pisky for any of the Pisky Trails please email: info@cornishpisky.co.uk the more properties that take part the more varied the Pisky Trail routes can be. The Pisky Trails attract lots of people to Coverack and hopefully lots of other businesses benefit as well.

Pirate and Mermaid Day: This year Pirate and Mermaid week will start on Monday 6th August and run for a full week. The Lambeage Hall Summer Fete will be on the Monday and you can join in with a Treasure Trail around the village. Tues 7th will be the RNLI coffee morning and on Thursday 9th there will be sea themed crafts in the afternoon. There will be decorated business, people's homes and other areas of Coverack throughout the whole week from 6th -12th August. Come and explore Coverack and enjoy the Sea themed fun!

Wildlife Book: There is a book in Coverack Village Stores for people to write in the wildlife that they have seen in Coverack. Please up date this book with any interesting sightings as it helps people get an idea of what wildlife you can expect to find in Coverack and the surrounding area.

Book Shop: Coverack Village Stores has a small corner of their café with a Book Shop area. All second hand books £2 each, children's books £1 each, money from sales of the books goes to the Community group Coverack Space 2000—so please enjoy reading and help CS2000 activities to continue.

Film Nights: Regular Film Nights at The Lambeage Hall, please see posters or the date pages for more details. Tickets cost £5 on the door: bar, ice creams and sweets available. All profits to the Lambeage Hall restoration fund.

Harbour repair: Coverack Harbour suffered some serious damage after some of the Easterly gales that we experienced this Spring. The harbour is run by a board of directors, comprising mainly of local fishermen. Great efforts have gone into rectifying the damage and allowing the public access onto the harbour.

Public Access Defibrillators: Thanks to local fund raising and donations there are two defibrillators in Coverack. One is situated outside The Fisherman's Rest. at the top of the harbour. The other defibrillator had previously been positioned on the Information Point by The Old Mill Shop—this is now being relocated and will be found by the entrance to St Peter's Hall with signs from the road. To be used in emergencies only. The value of the defibrillators have been proved on more than one occasion in Coverack with the defibrillator on the fishermen's Rest being used most recently - we are pleased to say that this was successful and the gentleman concerned later returned to The Paris to thank the staff who helped him. 23

Coverack Village News

Since the flood on 18th July 2017 a lot more people have heard about Coverack! We would have chosen a less disruptive way of getting noticed but sometimes you don't get any choice! This was obviously a difficult time for the village but it did show how we can all pull together in the face of adversity. At the point of writing this there are still a number of people who are still not back in their homes, we hope that they will be back soon. The path at Sunny Corner and the foot bridge from Chybloth Way to Polcoverack Lane should be reinstated shortly. In April we received a visit from The Duke of Gloucester who was keen to see how we had moved on. On 18th July 2018 there will be a Flood Anniversary exhibition and a Duck Race, to celebrate the river in a more positive way! We hope people will come and visit Coverack and see how we have moved forward and what can be achieved with much community effort.

Coverack Christmas Lights: Once again the team that put up Coverack Christmas Lights did a fantastic job. If you haven't seen Coverack at Christmas it is well worth a visit, you will find a different pace to summer. There are strings of lights right through the village and many different scenes and features. Thank you to The Bay Hotel, The Paris and The Lifeboat House who all put on fund raising events for the lights. Raffle tickets will be available from local businesses throughout the year.

Christmas swim: Over 200 swimmers took an icy dip in the sea on Christmas Day, a record breaking number. The annual festive swim raises money for Cancer Research UK. The swimmers are watched by many supporters and the combined totals of sponsor money from the swim and collection on the day leads to a very worthwhile amount being raised for Cancer Research UK. This coming Christmas will be the 50th anniversary celebration so if you can support please do!

Harbour Lights since last year is under new management. Many of you will know Jane Kelly from her work in the area over the years, we wish her all the best with her new venture.

The Bay Hotel suffered very badly with the flood in July and only reopened at the end of March this year after much refurbishment. The Bay continue to support the Coverack community and their opening night was a much appreciated fund raising event for Coverack Christmas Lights. We wish them a successful 2018.

A Water Fountain has been installed at the Bay Hotel, situated at the end of the Bay Hotel drive with a message to fill your water bottle and help reduce plastic waste. This is a very generous and much appreciated facility in the village and hopefully helps to reduce plastic waste.

The Lambeage Hall committee is looking for new members, anyone able to help out please make contact via the details on the Lambeage Hall website or facebook page.

The Paris Hotel, Coverack.

01326-280258

A warm welcome from Ian Richards and the staff.

Excellent food with Daily fresh fish Specials. From 12.00 am

Sunday Lunchtime Carvery (very popular booking essential)

New Menu, Vegetarian, Vegan and Gluten Free menu always available.

(Functions to celebrate that special occasion are a speciality.)

Weddings, birthdays and more, all catered for.

Full Takeaway menu available from the bar. Fish & chips, burgers, curries and many more.

Cask marque ales & premium largers

St Austell brewery 2014 accommodation winner;
complete re furbished dining room water on 3 sides.

Boutique style bedrooms, finished to a very high standard.

Ensuite- fantastic sea views.



Post Office Services

are now available everyMonday (except bank holidays)and Thursday in St Peter'sHall, Coverack.

1:30pm-4:30pm

All post office services available.

Please use these facilities so that we can keep the Post Office in Coverack.



There are two Public Access Defibrillators in Coverack.

One is situated by the door of **The Fisherman's Rest,** (near the top of the harbour.)

The other is situated on St Peter's Hall near the door, signed from the road.

To be used in an emergency only.

If you would like to attend training in the use of the defibrillator please contact Caroline email coordinator@coverack.org.uk or Tel 01326

Porthgwara Nursing Home

Telephone No. 01326 280307 Email info@porthwara.co.uk



Family-owned and managed, Porthgwara is situated in Coverack, one of the Lizard Peninsula's memorable small fishing villages, renowned for its outstanding natural beauty and mild climate.

Our idyllic location means that residents enjoy superb panoramic sea, harbour and village views, with the Home itself being surrounded by two acres of beautiful subtropical gardens.

Since our conception in 1989 we pride ourselves in having created and maintained an extremely friendly, warm and comfortable home-from-home atmosphere allowing for freedom of choice and individuality. Our highly professional nursing, catering and domestic staff will see to your every need thus ensuring your well-being, peace of mind and security 24 hours a day.

We are registered with the Commission for Social Care Inspection to provide Nursing Care for 30 residents including old people, the terminally ill, and the physically disabled. We also have day care facilities for a maximum of 3 residents.

Our 24 hour nursing is available for Long or Short Term or Convalescent Stays and, of course, Day Care.

Please see our website at www.porthgwara.co.uk



RICHARD BUCKINGHAM
FURNITURE AND COURSES
BESPOKE FREE STANDING AND
FITTED FURNITURE USING NATIVE
AND LOCAL HARDMOODS.
2 - 5 DAY COURSES
RUNNING THROUGHOUT THE YEAR.

HAND CRAFTED IN COVERACK *
 07971697902

Coverack Branch of the RNLI

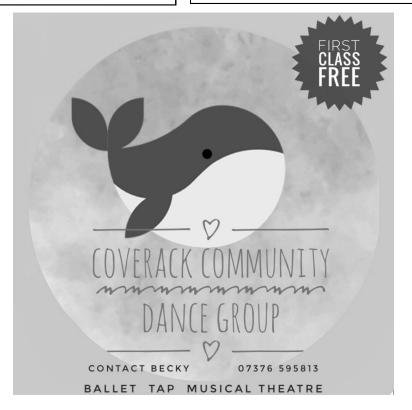
Fund raising for the charity that saves lives at sea.

Please support the Coffee mornings and **Coverack Lifeboat Day.**

(Details on the dates pages)

Visit the RNLI shop on the harbour and see the information about the lifeboats that have been stationed at Coverack over the years.





Coverack Village Stores

Our focus is on good quality, locally sourced produce

We provide general stores, fresh daily bread, newspapers, firewood, BBQ supplies, wines, Cornish beers & ciders. Also Coverack caught fish when available.

We have a small cafe offering teas, coffees, cakes & afternoon cream teas.

Cards taken & Cashback available

Advance orders taken for newspapers, bread and anything else we sell.

Opening Times

Monday: 8:30am - 5pm

Tuesday: 8:30am - 5pm

Wednesday: 8:30am - 12:30pm

Thursday: 8:30am - 5pm

Friday: 8:30am - 5pm

Saturday: 8:30am - 5pm

Sunday: CLOSED

Phone Olivia or Phil on 01326 280683 or just pop in and see us!

Coverack Harbour Boat Trips

lan Carey will be offering coastal tours and mackerel fishing trips.

For more information see signs on the harbour or find Coverack Harbour Boat Trips on Facebook and Instagram



Coverack Harbour Boat Trips



 $@\mathsf{coverack_harbour_boat_trips}$

info@iancarey.co.uk



Coverack Village—Businesses and the Community

Whether you are local or on holiday, a regular visitor or here for the first time...please try to use what is available in Coverack village. We are very fortunate in having a wonderful seascape, beach and a mix of independent businesses and voluntary organisations which combine to make Coverack what it is today.

When in Coverack, if you park your car in any of the three village car parks, run by the Parish Council, all the contributions placed in the honesty boxes are used for projects within the Parish and help towards the upkeep of two sets of public toilets in the village.

There is an enclosed play area with swings and a slide, by the Lambeage Hall, on the left as you go up School Hill. At low tide there is a beautiful sandy beach and if the tide is in, the harbour is well worth a visit, although it should be noted that it is a working harbour, please take care.

The Parish notice board, by the public toilets near the harbour, will have posters about upcoming events, as does Coverack Village Stores window and Coverack Information Point situated beside The Old Mill Shop. There are also three 'Interpretation Boards' in and around the village that include information on local history and geology.

Public phone box is near the public toilets by the harbour.

Post Office Services are available in St Peter's Hall on a Monday and Thursday afternoon between 1:30pm and 4:30pm. Please use these facilities so that we can continue to have Post Office facilities in the village.

Post boxes: Next to Coverack Village stores; at North Corner by the Bus shelter and at Penwartha estate at the top of the hill.

Cash: There is a cash machine in The Paris. Coverack Villages Stores offer a cash back service.

Coverack is a small community with a number of independent businesses; it manages to offer a wide and varied range of events, activities and facilities mainly in the Summer but throughout the year. It is only with support that everything keeps going – your support is very much appreciated.

Mon 13th Rock Pool Safari Coverack Beach 1:30 – 2:30 Donations to take part for Coverack Space 2000.

Tues 14th Tide Challenge, Coverack Beach. 2pm start. Last flag flying when the tide comes in, wins the event. £2 per family for CS2000.

Thurs 16th Aug –Tues 4th Sept Coverack Village Late Summer Pisky Trail Coverack Village. Pisky Trails available between those dates. Come and find the hiding Cornish Pisky Pals. Pisky Trails £2.50

Fri 17th **Jazz in the Garden** Pippa's place, Ponsongath. 7pm BBQ & raffle for Friends of St Keverne Health Centre

Sat 18th **Coverack Horticultural show** Lambeage Hall, Coverack. Exhibits taken between 8-10am. Show opens to the public at 2.30.

Sun 19th **Coverack Regatta** From 2pm, Coverack Harbour.

Fri 24th Night of Twinkling Lights. Coverack Beach from 8:30pm. Fund raising for the CS2000. Candle bags and tea lights available from Coverack Information Point (beside The Old Mill Shop) on the night.

Sat 25th Coverack RNLI Lifeboat day Coverack Harbour. 12 noon onwards. Fund raising for RNLI

Thurs 30th Sand Castle and Sand Sculpture Competition. Coverack Beach. Register from 1pm Judging from 2:30pm. £2 min donation per structure for CS2000.

September

Tues 4th **Beach Clean, Coverack Beach.** Anyone can help out, high tide is mid day so early or late beach clean will work best! Please place collected rubbish by the dog waste bin at North corner.

Fri 7th – Sun 9th Sept Sue Lewington Art Course: Watercolour painting visit our website www.coverack.org.uk

Sat 15th - Sun 23rd Sept. Coverack Art Society autumn exhibition. Lambeage Hall daily. Free entry and a big selection of locally produced art for sale.

Mon 30th Film Evening of Coverack Songs of Praise from the past. 7.30 pm St Peter's Church Hall.

Tues 31st Sand Castle and Sand Sculpture Competition. Coverack Beach. Register from 1pm Judging from 2:30pm. £2 min donation per structure for CS2000.

August

Wed 1st & Thurs 2nd Children's Theatre Workshop 10:00 – 4:00pm Coverack. Booking essential. Children's drama workshop & production.

Thurs 2nd Children's Theatre Workshop production. 3pm Coverack School Field. Open Air performance, everyone welcome. Donations for CS2000.

Mon 6th - Sun 12th Pirate & Mermaid Week Decorated windows & businesses Coverack Village. Come and see the village decorated with a Pirate & Mermaid theme.

Mon 6th Pirate & Mermaid Treasure Trail £2 available 10am – 5pm from local shops. Fund raising for Coverack Space 2000.

Mon 6th Lambeage Hall Summer Fete Lambeage Hall and The Battery play area. Afternoon event.

Tues 7th Beach Clean, Coverack Beach. Anyone can help out, high tide about 2pm so morning beach clean will work best! Please place collected rubbish by the dog waste bin at North corner.

Tues 7th RNLI Coffee Morning 10.30am – 12.30pm. Bakery Cottage, Polcoverack Lane, Coverack. Cakes, Produce, Crab Sandwiches, Souvenirs & More. Raising funds for Coverack branch of RNLI

Thurs 9th Sea Side Crafts 2pm - 4pm in St Peter's Hall. Drop in make and take craft activities for children. £3 per child.

Fri 10th Film Night: 'Walk Like a Panther' at the Lambeage hall. 7 for 7.30 Tickets £5 Bar open at 7pm for pre performance drinks, ice creams etc. Nonprofit making, proceeds go to Hall renovation fund.

Sun 12th Songs of Praise, Harbour Service 4pm Coverack Harbour



Coverack Beach Cleaning!

On the First Tuesday of every Month

Please help make the beaches around Coverack a cleaner and safer place.

- © On the first Tuesday of the month, any beach rubbish collected is to be placed, in bin bags, beside the dog waste bin at North Corner (near the bus shelter). It will then be collected by the council.
- © Please take care when collecting rubbish from the beach: make sure children are safe, supervised and be aware of the tides.
- (2) If you require a bin bag or disposable gloves for the beach clean, please collect from The Old Mill Shop, Coverack.
- © If you are not around on the First Tuesday of the month please try to do a 5 minute beach clean each time you leave - If everyone does this we will have a much cleaner beach!

When you are enjoying Coverack beach please make sure that you take your rubbish home with you and clear up after your dog. 15

Coverack Summer Dates 2018

May

Thurs 17th Wild Flower Walk: Chyvarloe & Loe Bar 1.30pm to 4.30pm Meet at: NT Car Park Through Chyvarloe Farm SW 65216 23658 Donations for CS2000 Fri 18th Film Night: Paddington 2 at the Lambeage hall. 3.30 for 4.00pm Paddington 2 matinee performance. 7 for 7.30 Tickets £5 Bar open at 7pm for pre performance drinks, ice creams etc. Non-profit making, proceeds go to Hall renovation fund. Please note the extra matinee of this film.

Thurs 24th May – Mon 4th June Coverack Village May Half Term Pisky Trail. Coverack Village. Pisky Trails available between those dates. Come and find the hiding Cornish Pisky Pals. Pisky Trails £2.50

Mon 28th Coverack Fun Run Starting at Coverack School. 4 mile route and 1 mile route. Finish Line at The Fisherman's Rest, the Harbour, Coverack. TR12 6SX Raffle at the finish line.

Thurs 31st **Coverack Beach Scavenger Hunt** 12:30 - 2pm. Can you find the objects in the allocated time and make a display from your finds? Leave only natural objects on the beach take any man made rubbish off the beach.

June

Fri 1st 2pm, Beach Clean organised by Cornish Seal Sanctuary, anyone who helps to clean the beach will receive free entrance into the seal sanctuary!

Tues 5th Beach Clean, Coverack Beach. Anyone can help out, high tide about 10am so afternoon beach clean will work best! Please place collected rubbish by the dog waste bin at North corner.

Fri 8th – **Sun 10**th **June Sue Lewington Art Course: Water colour painting.** visit our website www.coverack.org.uk for more details or see advert in this book.**Sun 10**th **Coverack Open Gardens** £5 entry to see 16 gardens, children free, open 12noon to 5.00pm. All proceeds to Cornwall Hospice care. Guides and map from the bus stop green. Cream teas and cakes.

Thurs 14th Wild Flower Walk: Cadgwith to Poltesco 1.30pm to 4.30pm Meet at: Cadgwith Car Park TR12 7JZ Grid Ref: SW 719 147 Donations for CS2000

Thurs 14th Concert by the Pentyr Singers 7.30 pm St Peter's Church.

Tues 19th RNLI Cream Tea 2.00pm – 4.00pm Bakery Cottage, Polcoverack Lane, Coverack. Raising funds for Coverack branch of RNLI

Fri 22nd Film Night: 'Finding Your Feet' at the Lambeage hall. 7 for 7.30 Tickets £5 Bar open at 7pm for pre performance drinks, ice creams etc. Non-profit making, proceeds go to Hall renovation fund.

Sat 23rd St Peter's Gift Day and Coffee Morning 10.30 St Peter's Church Hall.

Thurs 28th Wild Flower Walk through Woodland 1.30pm to 4.30pm Meet at: Main Car Park Trelowarren Estate Grid Ref: SW 719 239 Post code: TR12 6AF Donations for CS2000

July

Tues 3rd Beach Clean, Coverack Beach. Anyone can help out, high tide about 9am so afternoon beach clean will work best! Please place collected rubbish by the dog waste bin at North corner.

Thurs 12th **Wild Flower Walk at Kennack Sands** 1.30pm to 4.30pm Meet at: Kennack Sands car park Grid Ref: SW 734 165 Donations for CS2000

Fri 13th **Coverack School Obstacle race** On the school field from 6pm everyone welcome. Fund raising for Coverack Primary School.

Fri 13th **Film Night: Down Sizing** at the Lambeage hall. 7 for 7.30 Tickets £5 Bar open at 7pm for pre performance drinks, ice creams etc. Non-profit making, proceeds go to Hall renovation fund.

Wed 18th One Year on! Flood exhibition & Duck Race. Exhibition and refreshments in St Peter's Hall. Ducks available from outside St Peter's Hall from 3pm. Duck racing approx 4:30pm.

Thurs 19th July – 14th Aug Coverack Village Early Summer Pisky Trail. Coverack Village. Pisky Trails available between those dates. Come and find the hiding Cornish Pisky Pals. Pisky Trails £2.50

Fri 20th **Coverack Carnival** 6:30pm Meet and judging on Bay Hotel Lawn, procession to the Harbour. Everyone welcome to join in.